

The background of the cover is a dark blue fabric with a white Sashiko textile pattern. The pattern consists of a repeating grid of interlocking circles, with a central diamond-shaped motif in the upper and lower halves. The circles are formed by dashed white lines, and the central motif is a complex geometric pattern of squares and zig-zags.

SASHIKO TEXTILE KIT INSTRUCTIONS

BY SILENT WAVE INDIGO

WHAT'S INCLUDED

- PRE-MARKED COTTON CLOTH 48 × 68 CM /18.9 × 26.8" -
- 100M SASHIKO THREAD -
- 2 SASHIKO NEEDLES -
- 2 HEAT ERASABLE PENS -



IMPORTANT INFORMATION

PATTERNS ARE PRE-MARKED.
STITCH DIRECTLY OVER THE LINES.

IMPORTANT:

MARKINGS ARE MADE WITH A
HEAT-ERASABLE PEN

- DO NOT IRON BEFORE STITCHING
- AVOID HEAT WHILE WORKING

(IF THE LINES FADE, USE THE HEAT ERASABLE PEN TO TRACE OVER THEM)

TO REMOVE MARKINGS:

IRON WITH STEAM AFTER COMPLETING YOUR BAG

SLIGHT VARIATIONS ARE NATURAL, ALWAYS REMEMBER TO BE KIND
TO YOURSELF AND BE PROUD OF THE RESULT!



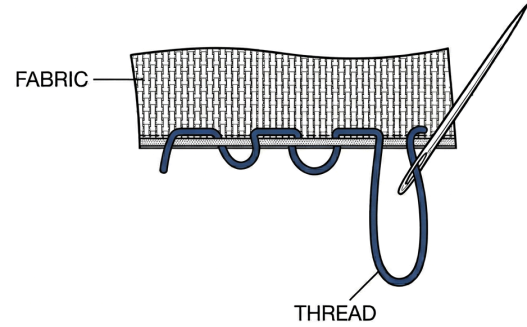
SASHIKO BASICS

HOW TO STITCH A RUNNING STITCH:

- STITCH ALONG THE MARKED LINES
- REMEMBER THAT CONSISTENCY IS MORE IMPORTANT THAN IDENTICAL EVEN STITCH

ABOUT THE LENGTH OF THE STITCHES:

SPACING BETWEEN STITCHES \approx
HALF THE LENGTH OF A STITCH



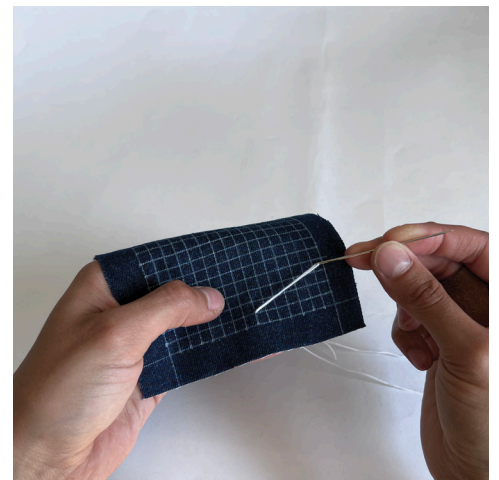
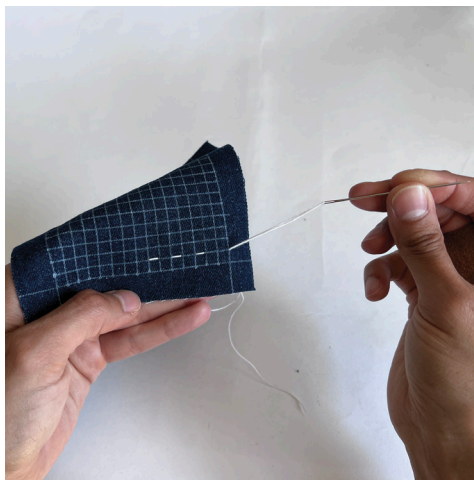
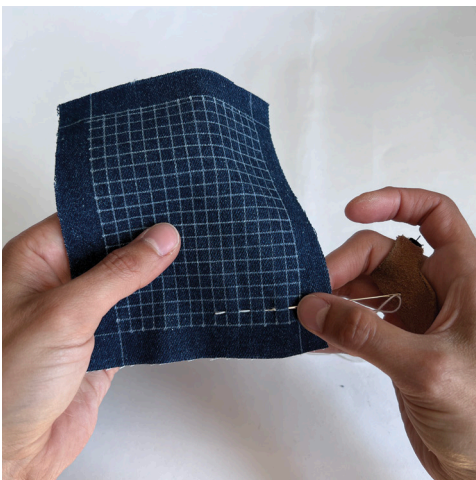
HOW TO START AND FINISH WITH A BACKSTITCH:

TRADITIONALLY, A BACKSTITCH IS USED IN SASHIKO INSTEAD OF A KNOT, BUT YOU ARE WELCOMED TO USE KNOTS IF YOU ARE MORE COMFORTABLE WITH THAT METHOD.

TO START WITHOUT A KNOT, YOU CAN SECURE YOUR THREAD BY MAKING A FEW BACKSTITCHES ON TOP OF YOUR PREVIOUS STITCHES.

BEGIN STITCHING ABOUT 5 CM (2 INCHES) AWAY FROM YOUR ACTUAL STARTING POINT, STITCH BACKWARD TOWARD IT, THEN SECURE THE THREAD ON THE BACK BEFORE CONTINUING FORWARD OVER YOUR STITCHES.

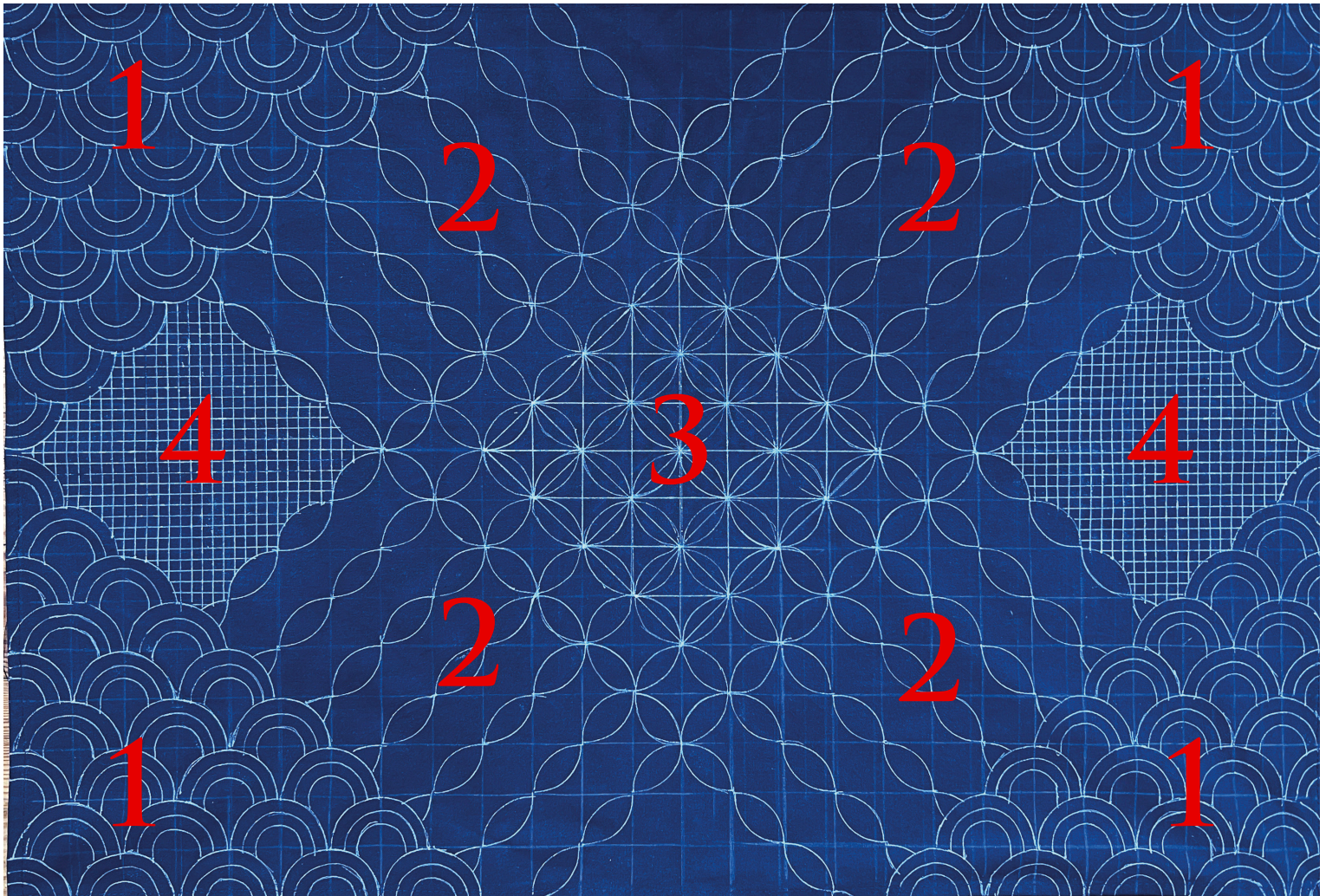
TIP: WHEN YOU RUN OUT OF THREAD, YOU CAN SIMPLY OVERLAP YOUR OLD AND NEW THREAD OVER A FEW STITCHES TO CONTINUE YOUR WORK SEAMLESSLY



STITCHING ORDER

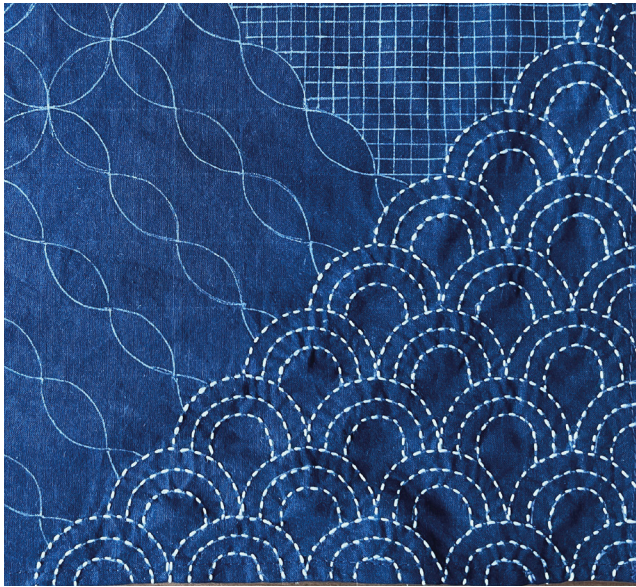
RECOMMENDED SEQUENCE:

1. CORNER PATTERNS
2. DIAGONAL STRUCTURE
3. CENTER GRID & DIAGONALS
4. FILLING PATTERNS ON THE SIDES WITH THE KAKINOHANAZASHI

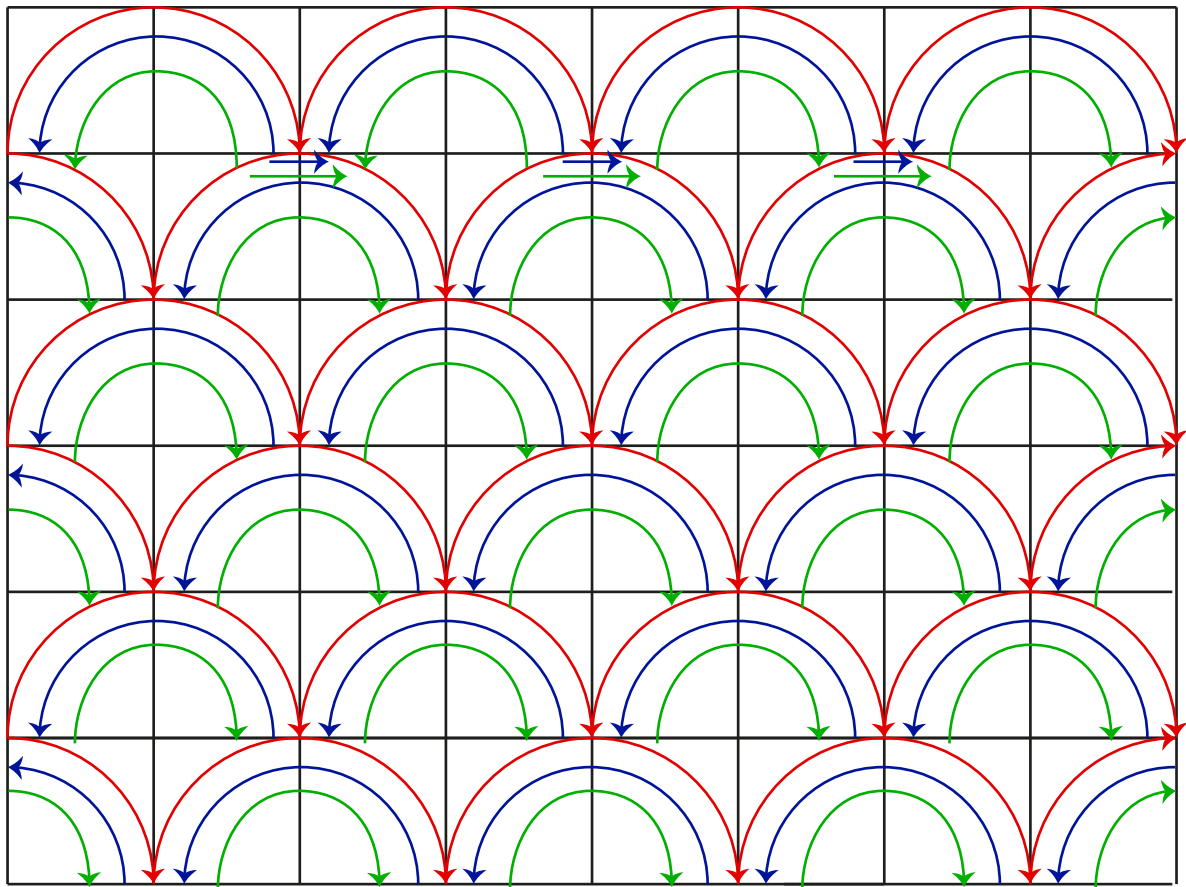


CORNER PATTERNS: OCEAN WAVES

FOLLOW THE MARKED LINES AND ARROWS FOR DIRECTION OF THE STITCHING SEQUENCE, COMPLETE ALL PATTERNS BEFORE IRONING YOUR FABRIC.



SEIGAIHA: BLUE OCEAN WAVE PATTERN

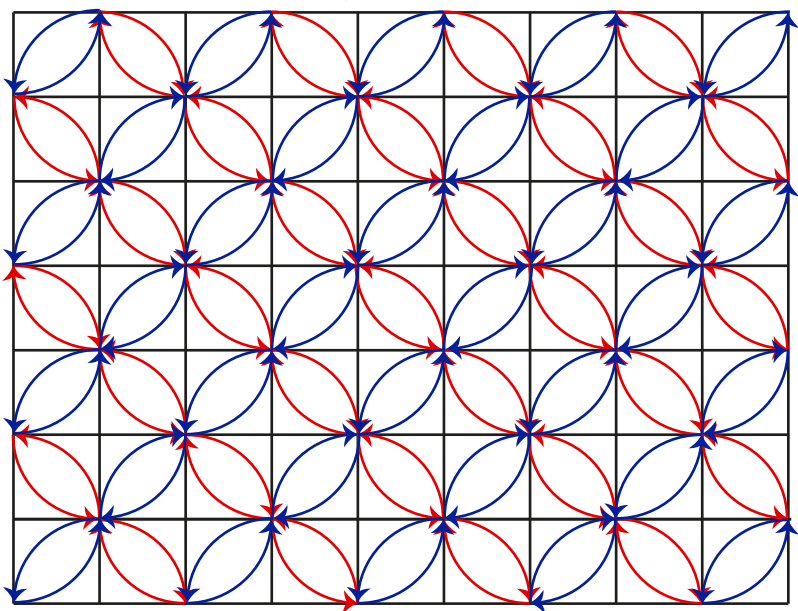
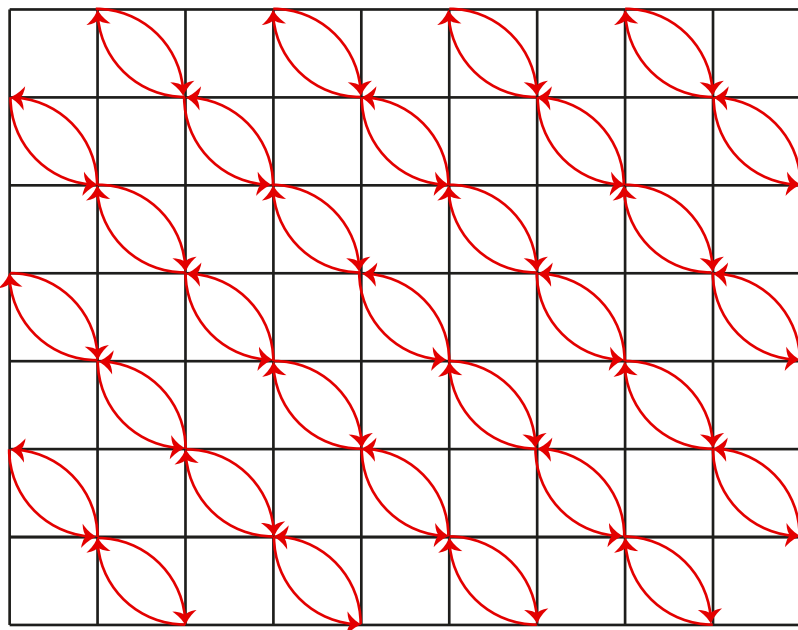


DIAGONAL STRUCTURE

FOLLOW THE MARKED LINES AND ARROWS FOR DIRECTION OF THE STITCHING SEQUENCE, COMPLETE ALL PATTERNS BEFORE IRONING YOUR FABRIC.

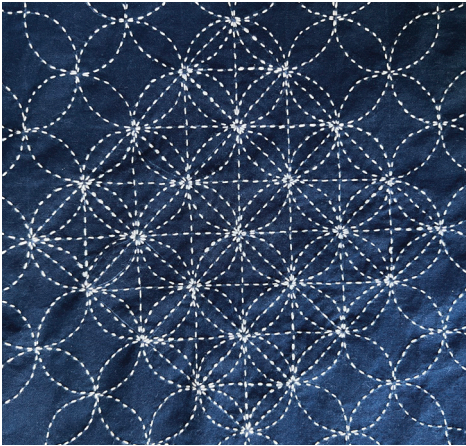
SHIPPO TSUNAGI: SEVEN TREASURES

FOLLOWING THESE DIAGONAL CURVED LINES ONE BY ONE WILL ALLOW YOU TO CREATE THE CENTER PATTERN OF THIS PIECE.
STITCH ONE HALF OF THE OVAL SHAPES ALL THE WAY TOWARDS THE END OF THE DIAGONAL TO THEN DOUBLE BACK AND STITCH THE OTHER HALF BACK TOWARDS THE START.

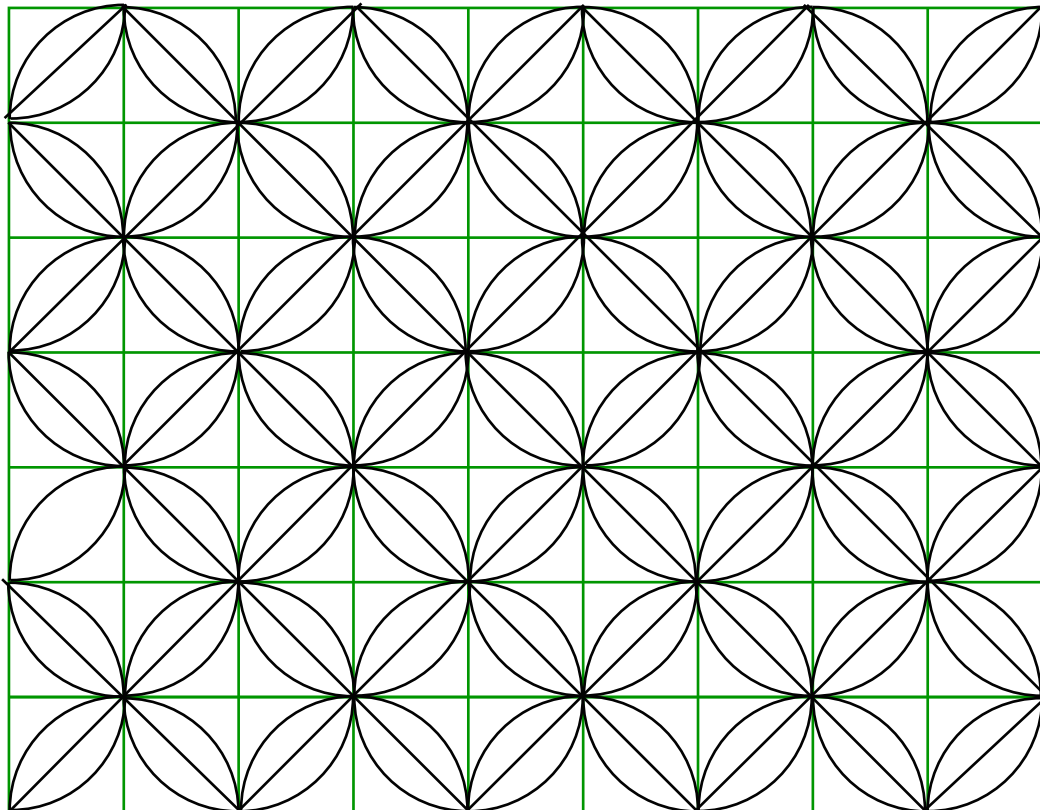
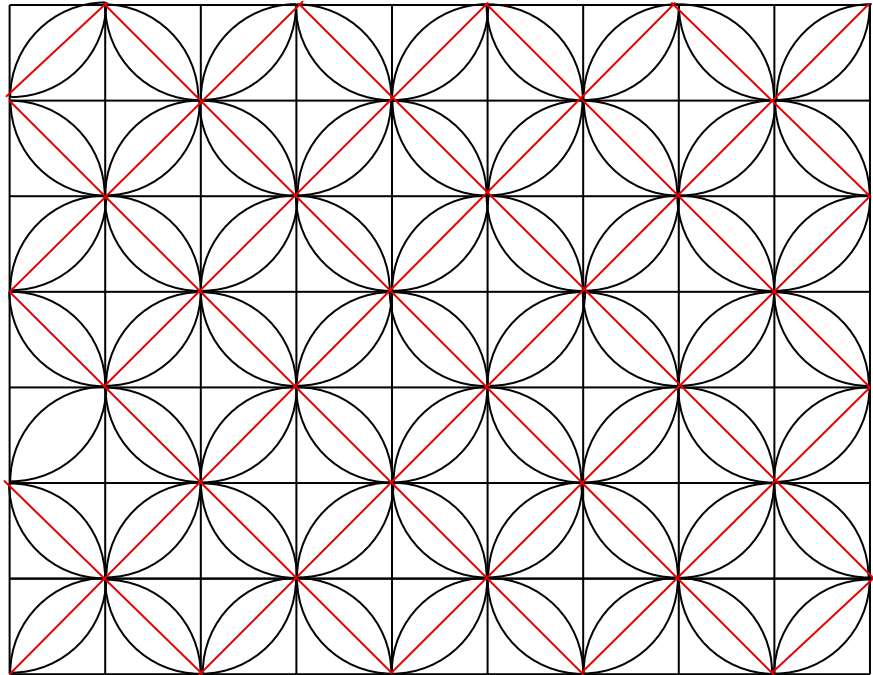


CENTER GRID & DIAGONALS

FOLLOW THE MARKED LINES FOR DIRECTION OF THE STITCHING SEQUENCE, COMPLETE ALL PATTERNS BEFORE IRONING YOUR FABRIC.



COMPLETE THE SHIPPO TSUNAGI IN THE CENTER BY STITCHING THESE DIAGONAL LINES ONE BY ONE GOING THROUGH THE CENTER OF THE OVALS SHAPES



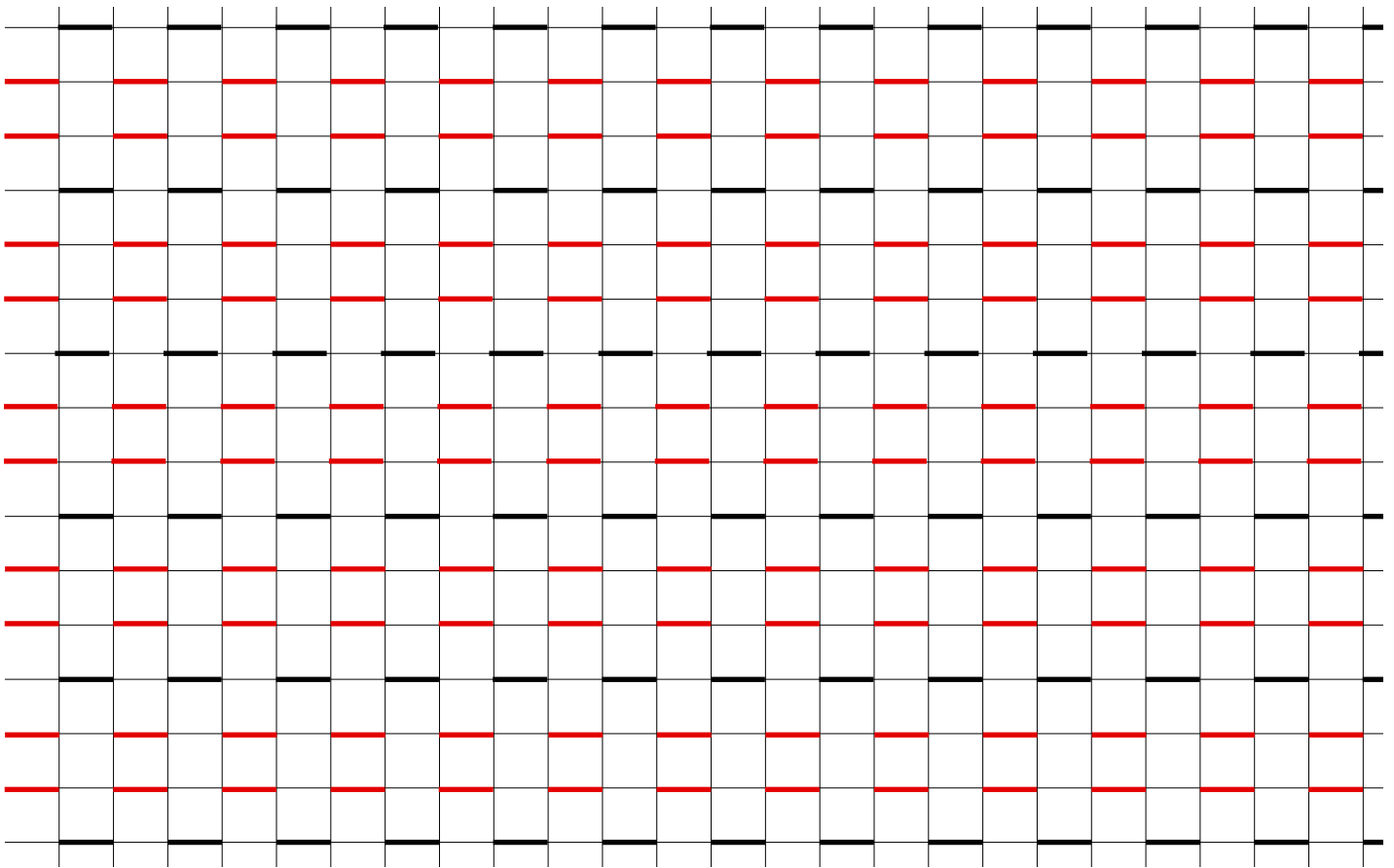
FINISH THE CENTER PART BY STITCHING THE SQUARE GRID BEHIND THE PATTERNS, WITH THE HORIZONTAL AND VERTICAL LINES



FINAL KAKINOHANAZASHI PATTERN

FIRST STEP:

IN THE GRIDS OF SQUARES,
STITCH THE HORIZONTAL LINES
FOLLOWING THE STITCHING
RHYTHM OF THE LINES BELOW.
BE MINDFUL OF WHERE THE LINES OF
STITCHES ARE IDENTICAL AND
WHERE THEY ARE ALTERNATING.
(HERE TWO LINES ARE STACKED
FOLLOWED BY ONE OFFSET)

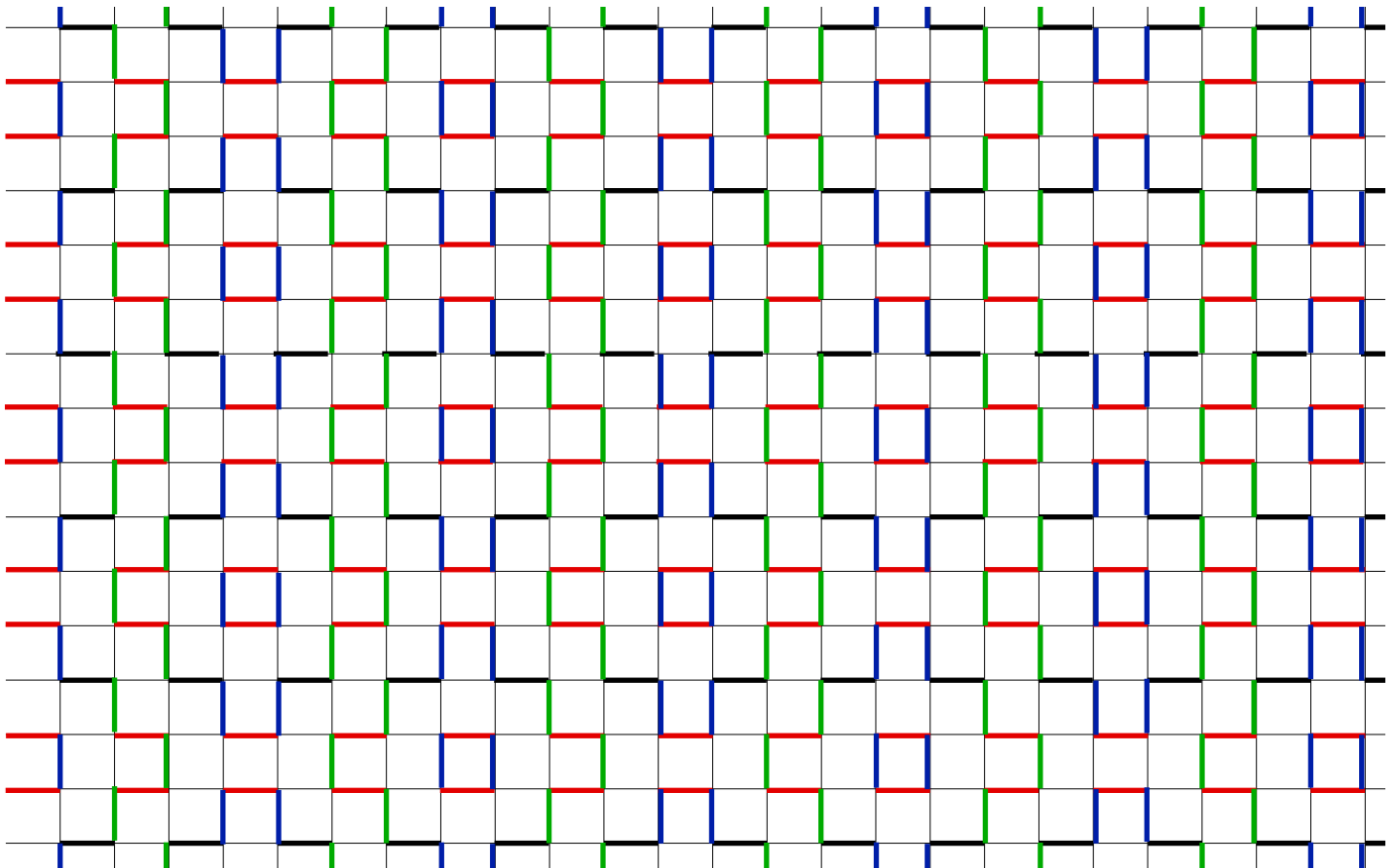
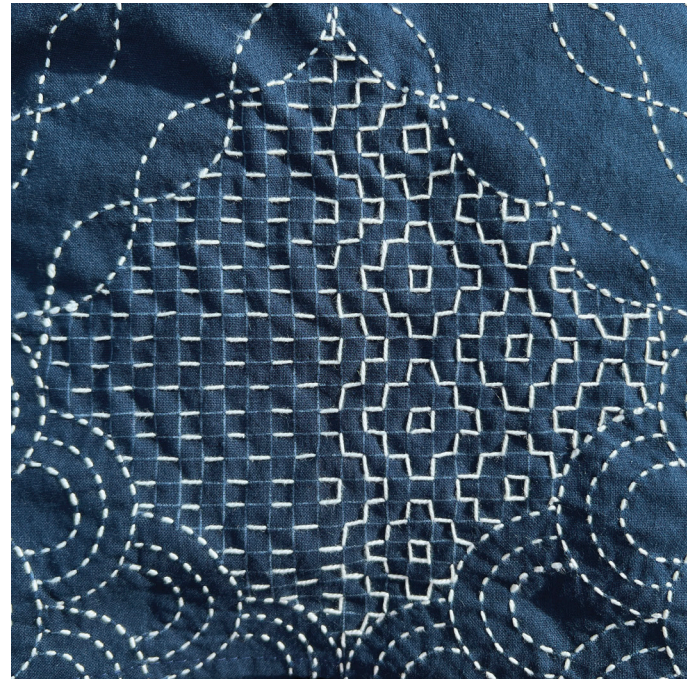


FINAL KAKINOHANAZASHI PATTERN

SECOND STEP:

STITCH THE VERTICAL LINES
FOLLOWING THE STITCHING RHYTHM OF
THE LINES BELOW.

JUST AS FOR THE HORIZONTAL LINES, PAY
ATTENTION TO WHERE THE STITCHES ARE
IDENTICAL AND WHERE
THEY ARE ALTERNATING
(HERE TWO LINES ARE IDENTICAL
FOLLOWED BY TWO ALTERNATING)



IF YOU HAVE ANY FURTHER QUESTIONS,
FEEL FREE TO SEND AN EMAIL AT
INFO@SILENTWAVESTUDIO.COM

HAPPY STITCHING!



SILENT WAVE
INDIGO

THIS HANDBOOK WAS CREATED
BY SILENT WAVE INDIGO FOR THE SOLE PURPOSE
OF COMPLETING THIS PROJECT

PLEASE DO NOT SHARE THIS DOCUMENT ONLINE.